

WORKSHOP REQUIREMENTS:

1. Attendance at the full two days is required. LivingWorks can not grant "T-2" qualification for participants that miss portions of the intervention skills training.
2. Be willing to assist Commanders in making an informed determination of suicidal risk in their soldiers and family members.

About LivingWorks

LivingWorks is a public service corporation whose vision is enhancing resources today and saving lives for tomorrow. Our mission is to create learning experiences that help communities prevent suicide. We aim to enhance sustainable, life-assisting resources in the community so that the benefits of our programs live on.

Working with caregivers of all kinds, LivingWorks prepares helpers to competently intervene with a person at risk of suicide. Caregivers master "suicide first aid" for reasons similar to those for learning CPR "heartsaver" or basic physical first aid. Advanced and other skills are then "layered" on to this suicide first-aid foundation.

ASIST is by far the most widely used, acclaimed and researched suicide intervention skills training in the world. It has been refined over 15 years with feedback from over 140,000 participants and 800 active trainers.



Fort Riley ASIST Information

Suicide Prevention Coordinator
site2665@riley.army.mil

(785) 239-9435

Promotion Points Available for ASIST

IAW AR 600-8-19, para 3-51f (page 37), "No promotion points will be awarded when the course is less than 40 hours in duration. HOWEVER, when a soldier has two or more DA FORM 87 (Certificate of Training) that are less than 40 hours the forms may be COMBINED and if the total is 40 or more hours, promotion points will be granted." According to para 3-51c, up to four promotion points can be awarded for 40 hours of training. The ASIST workshop meets the other requirements (battalion level or higher training, conducted during duty hours & funded by the Army). Soldiers who are interested in the promotion points have your Commanders sign a DA FORM 87 for the 16 hours you will have for participation in the two day ASIST.

FUNDING FOR THIS TRAINING SESSION
PROVIDED BY THE FORT RILEY
INSTALLATION - THANK YOU

IT IS FREE ON POST

ASIST

Training Workshop

For Gatekeepers

For Dates
Contact SFSC
8:00am-4:30pm
Both Days

Training Location:

Riley's Conference Center

Main Post, Building 446, Seitz Drive

Fort Riley, KS

Wear Civilian Clothes

APPLIED SUICIDE
INTERVENTION
SKILLS TRAINING
(ASIST)

Workshop is limited to 30 participants!

Please call (785) 239-9435 to register.

WHAT IS ASIST?

Applied Suicide Intervention Skills Training (ASIST) is the most widely used suicide intervention training program in the world. The workshop is only presented by Living Works' trainers who successfully complete a five-day Training for Trainers Course and continue to meet on-going standards.

ASIST prepares caregivers of all backgrounds to provide emergency first-aid, life assisting interventions to persons at risk of suicide. Intervention attitudes, knowledge, skills and resources are presented in two days of practical training, conducted in both small and large groups.

The challenge

More people are dying from suicide than in all of the several armed conflicts around the world and, in many places, about the same or more than those dying from traffic accidents. For every suicide, there are approximately 100 times more who injure themselves from nonfatal suicidal behaviors. In any year, approximately 6% of the population have serious thoughts of suicide. How can further deaths and injuries be prevented? How can we support people to choose life when painful experiences prevent them from seeing a way forward?

Most people considering suicide signal their distress and their intent. Training can help us see and respond to these invitations to help. It can provide the confidence to ask about suicide if we are concerned about someone's safety. It can provide us with the tools to help prevent the immediate risk of suicide.

**Create a life-assisting
community...**

Get ASIST trained.

The workshop

ASIST provides practical help for caregivers seeking to prevent the immediate risk of suicide. Participants include:

Primary Gatekeepers

Chaplains & Chaplain Assistants

ADAPCP Counselors
Family Advocacy Program Workers

AER Counselors
Emergency Room Medical Technicians

Medical Health Professionals

Secondary Gatekeepers

Military Police

Trial Defense Lawyers

Youth Services

Inspector General Office

DoD School Counselors

MWR Workers

Red Cross Workers

Soldiers who Care

The outcome

The emphases of the ASIST workshop is like suicide first-aid, helping a person at risk stay safe and seek further help.

Learn how to:

- * Dare to care and offer support
- * Recognize opportunities for help
- * Improve your communication skills
- * Apply a model for suicide intervention



- * Link people with community resources

Evaluations have shown that the workshop increases caregivers' knowledge and confidence to respond to a person at risk of suicide.

“Make a difference”

Come to ASIST

Learn how to help!

Call (785) 239-9435 to Register
or send e-mail to:

site2665@riley.army.mil